

SCOTTISH PHARMACY BOARD MEETING

Minutes of the meeting held on Wednesday 25 September 2019, at Holyrood Park House, 106 Holyrood Road, Edinburgh EH8 8AS.

Present

Mr Brian Addison (BAd)
Mrs Kathleen Cowle (KC)
Mr Ewan Black (EB)
Mr Alasdair Macintyre (AM)
Dr Anne Boyter (ACB)
Dr John McAnaw (Chair)
Mr Jonathan Burton (JB) (Chair)
Mr Andrew Carruthers (AC)
Mrs Deborah Stafford (DS)

In attendance:

Aileen Bryson (ABr), Deputy Director and Scottish Practice and Policy Lead, Alex MacKinnon (AMK), Director for Scotland, Annamarie McGregor (AMcG), Practice Development Lead, Helen Reilly (HR), Head of External Relations, Boyana Atanasova (BA), Digital Communications Executive, Carolyn Rattray (CR), Business Manager, Dawn Ferguson (DF), Business Support Assistant, Gail Fleming (GF), Director for Education and Professional Development, Christopher John (CJ), Head of Workforce Policy and Projects, Joseph Oakley (JO), Head of Assessment and Credentialing, Professor Mahendra Patel (MP), RPS Treasurer and Corrinne Burns (CB) RPS Reporter (Pharmaceutical Journal team).

Attendance by Skype:

Neal Patel (NP), Head of Corporate Communications, for the agenda item on Pharmacy & Member Experience.

Guests:

Sue Lacey Bryant (SLB), Senior Advisor, Knowledge for Healthcare & Topol Review Programme Manager, Health Education England, for the agenda item on the Topol Review.

19/09/01.	Welcome and introductions	
	JB welcomed Board Members, staff and guests to the meeting; it was noted that Sue Lacey Bryant (SLB), Senior Advisor, Knowledge for Healthcare & Topol Review Programme Manager, Health Education England, would attend for her agenda item and also for lunch.	
19/09/02.	Apologies	
	Apologies were received from Tamara Cairney (TC), Paul Bennett (PB), Chief Executive, Sandra Gidley (SG), RPS President, Professor Gino Martini (GM), RPS Chief Scientist and Robbie Turner (RT), Director of Pharmacy and Member Experience.	
19/09/03.	Declarations of interest	
	Amendments to Board Members' (BMs) Declarations of Interest:	
	Alasdair Macintyre. Change Member , Community Pharmacy Lanarkshire to Chair , Community Pharmacy Lanarkshire.	
	Action: CR to update the declarations of interest as noted above.	CR
19/07/04.	Minutes of the SPB Formal Business meeting held on Tuesday 2 July and Wednesday 3 July 2019	
	The Scottish Pharmacy Board	
	accepted as a true and accurate record	
	the minutes of the Scottish Pharmacy Board Formal Business meeting, held on Tuesday 2 July 2019 (19.09/SPB/04(i)).	

	Approved by Ewan Black and seconded by Ailsa Power.	
	The Scottish Pharmacy Board	
	accepted as a true and accurate record	
	the minutes of the Scottish Pharmacy Board Formal Business meeting held on Wednesday 3 July 2019 (19.09/SPB/04(ii)).	
	Approved by Ewan Black and seconded by Ailsa Power.	
19/09/05.	Actions Log (19.09/SPB/05)	
	From 3 July 2019:	
	19.07.07 - SPB Business Plan Q2. Newly qualified pharmacists (former RPS Champions) to be invited to strategy day meetings to encourage engagement. Ongoing.	
	ABr to ensure that access to / sharing of the patient record is included on the agenda for the next PCPCG meeting. ABr reported that there hadn't been a meeting since July but assured BMs that Access to Records would be included on the agenda for the next meeting.	ABr
	19.07.15 – Workforce Pressures. ABr to switch points 1 and 2 in the What we would like to achieve section. ABr to check that this has been actioned and then close.	
	ABr to develop this workforce pressures work stream in conjunction with England and Wales. Ongoing.	
19/09/06.	SPB Business Plan 2019 (Quarter 3)	
	AMK provided a progress report on various aspects of the SPB Business Plan 2019 (19.09/SPB/06).	
	RPS Local: AMK reported on RPS Local events since the last SPB meeting noting, in particular, the success of events which supported Members in their practice. The only disappointment was the 'Welcome to the	

Profession' (WTP) events, all eight of which had to be cancelled. AMK confirmed that the disappointing response to the WTP events was mirrored across the countries. It was suggested that the timing of the events could have been an issue as scheduling coincided with the start of the pre-reg year; peer to peer events are now being considered as an alternative which, it is hoped, would be more attractive to young pharmacists. AP suggested that the students probably bought into the joint event with Strathclyde because they were able to display a poster. AMK noted that the team is working closely with the universities to achieve 'buy-in' from all years; BMs were advised that the Scottish Directorate's remit now covers the North of England.

Policy:

The RPS responses to the Primary Care and Public Health consultations have been submitted. JB is to give evidence to the Scottish Government (Scot Govt) Health & Sport Committee Inquiry into Primary Care on Tuesday 1 October. The next Inquiry will be on medicines; it's primary focus will be centred around cost effectiveness and efficiencies.

Pharmacy/Science Research Poster event with Strathclyde:

This event, held jointly with Strathclyde, was very successful with 70 abstract posters submitted and a number of 'early years' pharmacists attending.

RPS/RCN event:

This was a paid for event which was well attended and well received. AMcG reported that delegates appreciated this event being held in Scotland for delegates who were unable to attend the London event.

RPS/Strathclyde 'Todd Lecture':

The 56th Annual Todd Lecture will take place on 22 October. Professor Gino Martini, RPS Chief Scientist, has been invited to speak at this event. BMs were encouraged to 'spread the word'; ACB noted that there isn't a limit to numbers as the event can be moved to a larger room within the university;

Mental Health Summit – 8 October:

From this event a report will be produced which will be used for advocacy and policy. An aim is for the report to be presented to Scot Govt calling for pharmacists to have a more significant role in the area of mental health.

Mentoring:

JMcA asked about how the new RPS Mentoring Scheme would be promoted. AMK confirmed that it would be promoted nationally and also locally through RPS Local; RPS Fellows will be encouraged to become mentors. Gail Fleming confirmed that the purpose of initial communications had been to encourage Members to become mentors; the next phase of promotion will be more targeted; a plea was made for promotion to be coordinated so that 'it is all joined up' across the three countries. GF to ensure that all mentoring communications reach all areas of the business to enable coordination.

Action: GF to ensure that all communications around mentoring will reach all areas of the business to enable coordination.

GF

SPB BP 2020

CR to circulate a doodle poll for a strategy day before December. The day will focus on two areas:

CR

- SPB Business Plan
- SPB Manifesto 2020

BMs were asked to indicate how strategy days could work going forward. BMs agreed that an initial meeting could be face-to-face but subsequent meetings on the same topics could take place by teleconference. It was agreed that strategy days should be fixed so that people have the dates in their diaries, but if not required could be cancelled.

19/09/07. Science

Science and Research (S & R) Update

Dr Colin Cable (CC), Assistant Chief Scientist, provided a brief update on developments since the S & R update was written:

E-cigarettes

Feedback from stakeholders on the first draft of the revised RPS E-cigarette policy has shown that this is 'a tricky area to navigate' with very differing views. Constructive talks have been held with Public Health England and, although there are some notable differences, 'there is an understanding of where they are coming from'; meeting has also been held with the MHRA. CC reported on publicity in the USA around e-cigarette use and the impact that it is having on health with hospitalisations and a number of deaths reported. President Trump has banned the use of flavoured e-cigs because of their use by young people, Walmart has banned the sale of e-cigs in the USA and other countries, including India, have

banned them altogether The RPS in Wales is working with the Welsh Government on a piece of work on e-cigs and it has been agreed that the revised policy will not be published until after this work has been concluded; this is likely to be in the Spring of 2020.

KC noted that the policy in Scotland seems to be tobacco free rather than nicotine free which means that e-cigarette smokers are barred from the smoking cessation service.

Action: ABr to circulate the policy points once finalised. She confirmed that the RPS view will be fed into ABr the Welsh work stream.

Cannabidiol (CBD).

The RPS wrote to the Home Office in April asking for advice on the permitted levels of THC in CBD oils. A response was received in August which stated that CBD oil 'per se' is not a controlled substance but if it contains any trace of THC then it becomes one. The S & R Team is seeking more detail from the Home Office on what constitutes a controlled substance. CC assured BMs that the current guidance on the RPS website is accurate but that further detail is being sought from the Home Office.

CC reported on a presentation that GM gave to the GPhC on the importance of pharmaceutical science in pharmacy.

Dinitrophenol (DNP).

RPS has been concerned for some time about the availability of DNP; it has proved challenging to police as there are some legitimate uses. In September, the RPS S & R team wrote to the Minister for Crime, Safeguarding and Vulnerability, requesting a meeting to discuss classifying DNP as a poison; the team is still waiting for a response.

Media enquiries.

This is ongoing and the team continue to receive a wide range of enquiries. Recently, GM has been involved with a Channel 4 documentary looking at medicines obtained from online pharmacies without prescriptions. CC to advise BMs when the programme will be aired.

Action: CC to advise BMs when Channel 4 documentary on medicines obtained from online pharmacies will be aired.

CC

Research Ready Review (RR) workshop

An RR workshop is to take place on 2 October, the purpose of which will be to review the current offering and to see how it can be improved. It is hoped that the report from the workshop will be ready to be presented to the RPS Assembly in November 2019.

RPS Museum

The RPS Museum is now part of the S & R team. The next open day in the London Office is on 26 October. The aim is to have a 'micro-museum' in the new Edinburgh office.

RPS Conference

42 abstract posters have been submitted; this is very encouraging.

CC asked BMs to feed back to the S & R team any scientific issues that affect practice.

The Scottish Pharmacy Board

noted

the Science and Research Team Report.

Action: ABr to circulate the E-cigarette policy points once finalised. She confirmed that the RPS view will be fed into the Welsh work stream.

Action: CC to advise BMs when Channel 4 documentary on medicines obtained from online pharmacies without prescriptions will be aired.

Action: BMs to feedback to the S & R team any scientific issues that affect practice.

ABr

CC

BMs

19/09/08. Topol F

Topol Review Presentation

JB welcomed Sue Lacey Bryant (SLB), Topol Review Programme Manager, Health Education England, and Iain Bishop, who represents Scotland on the RPS Digital Pharmacy Forum, to the meeting.

SLB began her presentation by showing a <u>video</u> of Eric Topol, 'a renowned cardiologist and digital guru'. SLB then thanked contributors to the Review including Ravi Sharma, RPS Director for England, for his work on pharmacogenomics and personalised medicines.

SLB presented an overview of the report: The Topol Review: *Preparing the healthcare workforce to deliver the digital future.*

The Review asked 3 questions:

- 1. How are technological developments likely to change the roles and functions of clinical staff in all professions over the next two decades?
- 2. What are the implications of these changes for the skills required?
- 3. What does this mean for the selection, curricula, education, training and development of current and future NHS staff?

It came up with 3 principles:

- 1. Patients included as partners and informed about health technologies
- 2. Evidence: the healthcare workforce needs expertise and guidance to evaluate new technologies, on the basis of real-world evidence of clinical efficacy and cost-effectiveness
- 3. The gift of time: wherever possible the adoption of new technologies should enable staff to gain more time to care

There were 4 themes:

- 1. Artificial intelligence and robotics
- 2. Digital medicine
- 3. Genomics
- 4. Organisational development

The Review made 46 recommendations.

In order to map the Topol Review recommendations, an NHS Long Term Plan workforce implementation group has been established and a high-level work plan is expected for 2019 / 2020.

JMcA asked if there were any ideas around how to create a movement of clinicians; find incentives and create frameworks to allow this to happen.

ACB suggested that, if there are recommendations for pharmacy, SLB should approach the group Heads of the Schools of Pharmacy.

	AMcG noted that the SPB 2016 Manifesto asked for improvements in health literacy. She noted that Prof Gino Martini will talk about elements of this at the Todd Lecture on 22 October.	
	Action: CR to circulate the Topol Review presentation and to provide a link to the video of Eric Topol.	CR
19/09/09.	Assessment and Credentialing Strategy	
	Joseph Oakley (JO), Head of Assessment and Credentialing, provided an update on the development of the RPS Assessment and Credentialing Strategy. Testing of the strategy is at the 'pilot' stage for Foundation. JO then introduced Chris John (CJ) who would provide an update on the review of the RPS Faculty and inform BMs as to how the Assessment and Credentialing strategy would align with the Faculty.	
	The Scottish Pharmacy Board	
	noted	
	the Assessment and Credentialing Strategy.	
	Action: CR to circulate the Assessment and Credentialing Strategy presentation to BMs.	CR
19/09/10.	RPS Faculty Review Update	
	Chris John (CJ), Head of Workforce Development, provided updates on the background and drivers for the review of the RPS Faculty and the work of the Faculty Review Task and Finish Group. It was confirmed that all sectors of the profession and membership had been consulted. An interesting discussion followed on various aspects of the Faculty Review.	
	The Scottish Pharmacy Board	
	noted	
	the Faculty Review Update.	
	Action: CR to circulate the presentation to BMs Action: BMs to send comments and suggestions to CJ	CR BMs

19/09/11.	RPS Education and Professional Development Update	
	Gail Fleming (GF), Director for Education and Professional Development, provided highlights within the directorate work streams. Areas covered included:	
	 The Foundation Framework – this is now complete and will be 'published' at the RPS Conference. 	
	 Design of curriculum – Currently recruiting for a role to develop the Curriculum. Credentialing – This will be launched at the beginning of October 2019 and will be applicable as a joint venture to England, Wales and Northern Ireland; Scotland will be considered separately. Pharmacy Technicians Revalidation 	
	Ailsa Power gave a brief update on the work of the Post Graduate Review Board.	
	The Scottish Pharmacy Board	
	noted	
	the RPS Education and Professional Development Update (19.09/SPBC/11).	
19/09/12.	Pharmacy and Member Experience (P&ME) Update	
	In RT's absence, Neal Patel (NP), Head of Corporate Communications, provided the P&ME Update covering membership, in particular, the move from pre-reg to newly qualified membership and also the recruitment of members.	
	The Scottish Pharmacy Board	
	noted	
	the update from the P&ME team (Item: 19.09/SPBC/12).	
	Action: BMs were encouraged to sign up to be mentors.	BMs

	Action: NP to provide figures re: sponsorship	NP
19/09/13.	RPS Treasurer's Report	
	The RPS Treasurer, Mahendra Patel (MP), gave background to the remit of the RPS Treasurer, to ensure governance is adhered to and to challenge where appropriate. He then provided the Treasurer's Report.	
	MP concluded his report by speaking with passion about the new Scottish home of the RPS. It was noted that roles that might previously have been recruited solely for London can now, be open to candidates from all over the UK.	
	It was agreed that the new RPS property in Scotland should be promoted to Members as their home and a place for them to visit and to use.	
	The Scottish Pharmacy Board	
	noted	
	The RPS Treasurer's verbal report.	
19/09/14.	Social Media Update	
	Boyana Atanasova (BA), Digital Communications Executive, provided a brief update.	
	The RPSiS Twitter account, in terms of growth, has now reached a plateau with more than 4,000 followers. It is still growing but not at the same rate. JB asked how many of our followers are pharmacists based in Scotland and what followers engage with most. BA confirmed that 20-25% of all followers are pharmacists based in Scotland and that they engaged most with photos, videos and personal success stories. It was noted that the Strathclyde joint event was very successful in terms of social media responses with more than 8,000 views of the RPSiS tweets. BMs were reminded that 25 September was <i>World Pharmacists' Day</i> and that the RPS was celebrating through social media. BMs were encouraged to retweet and to tag RPS Scotland into any tweets.	
	BA confirmed that, following the recent successful media training, Andrew Carruthers had agreed to present this meeting's video update. The new office will afford better digital capability.	

	The Scottish Pharmacy Board	
	noted	
	the Quarter 3 social media update (19.09/SPB/14).	
19/09/15.	Brexit	
	At the most recent National Board Chairs Forum (NBCF) meeting, JB had asked that professional behaviours around medicines shortages should be addressed by the National Pharmacy Boards (NPBs) and whether RPS Support could draft guidance around the 'active management of medicines shortages'. It was confirmed that the RPS, together with the Royal College of General Practitioners (RCGP) and the BMA, had produced a paper on this subject but clarification is required as to whether it is relevant for Scotland. BMs were asked for their views.	
	It was agreed that the RPS should produce guidance for its Members. KC noted that Community Pharmacy Scotland (CPS) had done some work on this and commended their guidance which is technical rather than professional. It was agreed that guidance produced by the RPS should focus on professional 'attitudes'.	
	The Scottish Pharmacy Board	
	supported	
	the production of RPS guidance around the management of medicines shortages.	
	Action: CR to circulate the RPS/RCGP/BMA paper and attach the CPS guidance as well and then BMs to comment.	CR/BMs
19/09/16.	Public Affairs Update	
	Helen Reilly (HR), Head of External Relations, put out a plea to BMs to retweet some of today's posts, to reach a wider audience.	BMs
	Access to records: BMs were asked to provide examples to help build a case for pharmacists to have read / write access to the electronic patient record. The RCGP are very supportive of this.	BMs

	JB thanked HR for arranging the media training, which had been held earlier in the month.	
	The Scottish Pharmacy Board	
	noted	
	the public affairs update (19.09/SPB/16).	
	Action: BMs to provide examples to help support a case for pharmacists to have read / write access to the electronic patient record.	BMs
19/09/17.	Policy and Consultations	
	GB Policy Update.	
	The Scottish Pharmacy Board	
	noted	
	the GB policy update (19.09/SPB/17(i)).	
	RPS response to the Health & Sport Committee Consultation on Primary Care.	
	The Scottish Pharmacy Board	
	noted	
	the RPS response to the Health & Sport Committee Consultation on Primary Care (19.09/SPB/17(ii)).	
	Consultations' Update.	
	Aileen Bryson (ABr), Scottish Practice and Policy Lead, thanked BMs for their feedback and comments on consultations over the summer period; noting that it had been a very busy period for consultations.	
	on consultations over the summer period, nothing that it had been a very busy period for consultations.	

	ABr drew BMs' attention to the GB policy flow chart; this paper has been tabled at each of the NPB meetings, as a reminder of the process used for both policies and consultations. EB asked where the initial request came from; ABr confirmed that it had come via the Director for England and The English Policy Lead. JMcA asked about the GB policy and how long it takes to bring to fruition. ABr confirmed that the length of time differs, with some consultations having to be responded to very quickly due to short timelines, with others having longer, more realistic timescales. BMs were asked to highlight any relevant consultations for consideration. The Scottish Pharmacy Board noted the RPS Consultations Update (19.09/SPB/17(iii)). New Drug Deaths Taskforce.	BMs
	BMs were advised that Jean Logan (JL), Associate Director of Pharmacy, Community Care Services at NHS Forth Valley, will represent the RPS in Scotland on a new Drug Deaths Taskforce. It was agreed that JL should be invited to an SPB meeting once the work of the taskforce has been completed.	
	JB referred to a poster about medicines safety and access to opioids, i.e. Naloxone, which had been presented at the joint event with Strathclyde. JB considered it a very powerful poster. ABr to follow up with Jean Logan.	ABr
19/09/18.	Updates on Board Member representation	
	JB to represent the RPS at the Inquiry on Primary Care. The inquiry is about the future of Primary Care in Scotland. The RPS has submitted a response. JB confirmed that there are three key areas that he is keen to mention:	
	 Read and Write access to the electronic patient records, 'this must keep momentum! It is our right and duty, as a professional body, to keep pushing for this'. 	

	 Work force and skills mix Transformational Change – Clinical care with supply tagged on rather than the other way around. 	
	BMs were asked if there is anything else that we would want considered at the Inquiry.	
	The Scottish Pharmacy Board	
	noted	
	the Board Member representation updates (19.09/SPB/18).	
19/09/19.	Sharing of Board papers	
	The EPB had had an enquiry about why Open business Board papers aren't published on the website.	
	The Scottish Pharmacy Board	
	agreed	
	that Board papers should be shared on a case by case basis. All three NPBs have taken a similar view.	
	Action: JB to feed back to the NBCF.	JB
19/09/20.	Key messages	
	The Scottish Pharmacy Board	
	agreed	
	the following key messages:	
	World Pharmacist Day	
	New RPS building in Scotland	
	 Credentialing – good progress and with consultants Primary Care and Medicines' Inquiries – JB to give evidence 	HR/BA/AC

	Reminder of the Todd Lecture, 22 October.	
19/07/21.	Any other competent business	
	Launch event There was a discussion around how the new RPS building in Scotland should be promoted and launched. It was agreed that the first events should be for RPS Members and students and that a formal opening should take place afterwards, on the night of the January Board day, Wednesday 22 January 2020.	
19/07/22.	Dates of next SPB meeting	
	SPB Board Day: Wednesday, 22 January 2020	
	Two further strategy days – dates TBC.	

The meeting closed at: 16:40.