

# Don't hide your symptoms behind closed doors



## Seeking advice about problems with your bottom or bowels could save your life

**Bowel cancer is the UK's second biggest cancer killer yet over 90% of cases can be treated successfully if diagnosed early**

If you have noticed the following high risk symptoms for 4 to 6 weeks, you should visit your doctor

- A persistent change in bowel habit
- Bleeding from the bottom without any obvious reason
- Abdominal pain, especially if severe
- A lump in your tummy

[www.beatingbowelcancer.org](http://www.beatingbowelcancer.org)

Nurse Advisory Line 08450 719 301

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